



Technical Guide

23 e 24 de março 2024

2ª Taça de Portugal DOWNHILL presented by SHIMANO

Descida da Padela, Carvoeiro, Viana do Castelo

Conteúdo

1.	Organization	2
2.	Commissaires Panel	2
3.	Venue	3
4.	Race categories	3
5.	Registrations	3
6.	Fee	3
7.	Permanence / Check Licenses & issue numbers.....	4
8.	Team Managers Meeting.....	4
9.	Training.....	4
10.	Map.....	4
11.	Track	5
12.	Paddock.....	5
13.	Security	5
14.	Prize Money	6
15.	UCI Points	6
16.	Antidoping Control	6
17.	Penalidades.....	6
18.	Respect environment	7
19.	Where to stay.....	7
20.	Gastronomy	7
21.	Event Schedule.....	7

SPONSORS



PARTNERS





1. Organization

Padela Natural – Associação Promotora and the Portuguese Cycling Federation will hold the 2nd Taça de Portugal DOWNHILL presented by SHIMANO, Class C2, on the 23/24-03-2024 for U13, U15, U17, Elite, Master and Open M/F categories, according to the UVP-FPC and UCI rules.

Local Organizing Committee

Name: Padela Natural – Associação Promotora
 E-mail: padelanatural@gmail.com
 Phone: (+351) 966 465 580

Race Director:

Name: André Silva
 E-mail: padelanatural@gmail.com
 Phone: (+351) 966 465 580

Registrations:

Name: Toni Carmo
 E-mail: toni.carmo@fpciclismo.pt
 Fone: (+351) 914 641 403

Race Office:

Name: João Gorito
 E-mail: padelanatural@gmail.com
 Phone: (+351) 965 851 838

2. Commissaires Panel

Name	
RODRIGUEZ ROLDAN M Teresa	President of the Commissaires Panel
José Miguel Azevedo Anjos	Commissaire 2
António Maria Pereira Lopes Ferreira	Commissaire
Helder Manuel Mesquita Lobo	Commissaire
João Carlos Guimarães Pereira	Commissaire
Liliana Filipa Lemos Oliveira	Commissaire

SPONSORS



PARTNERS





3. Venue

Monte da Padela – Parque de Valinhas – Carvoeiro – Viana do Castelo - 41°39'35.55"N; 8°40'8.07"W

<https://maps.app.goo.gl/GXWtCz2e53g6xtuTA>

4. Race categories

License holders categories

Men	ages	Woman	ages
U 13 M	11-12 years	Sub 13 F	11-12 years
U 15 M	13-14 years	Sub 15 F	13-14 years
U 17 M	15-16 years	Sub 17 F	15-16 years
Elite M	≥ 17 years	Elite F	≥ 17 years
Master 30 M	30-34 years	Master F	≥ 30 years
Master 35 M	35-39 years		
Master 40 M	40-44 years		
Master 45 M	45-49 years		
Master 50 M	50-54 years		
Master 55 M	55-59 years		
Master 60 M	≥ 60 years		

Non-Licensed categories

Masculinos	Idades	Femininas	Idades
Open Sub 17	15-16 anos	Open F	≥ 15 anos
Open Sub 23	17-22 anos		
Open Experts	≥ 23 anos		

Under 19 and Under 23

Based on the general classification of Elite category (> 17 years old), separate classifications will be made for **Under 23** and **Under 19** athlete's men and woman, for the purposes of podiums in the event and ranking for the Portuguese Cup.

5. Registrations

Entries must be submitted online at the Portuguese Cycling Federation website:

<https://www.fpciclismo.pt/inscricoes>, until 23h59, Wednesday 20 march.

6. Fee

The registration fee is 35€ per participant.





A Non licenced participant may participate with daily membership:

DHI	Fee Daily membership	Fee Organizer	Total 2 days membership
Open	10 €	15 €	35 €

7. Permanence / Check Licenses & issue numbers

The permanence is located next to finish line.
 Monte da Padela – Parque de Valinhas – Carvoeiro – Viana do Castelo

Check licenses & issue numbers – 21Event Schedule

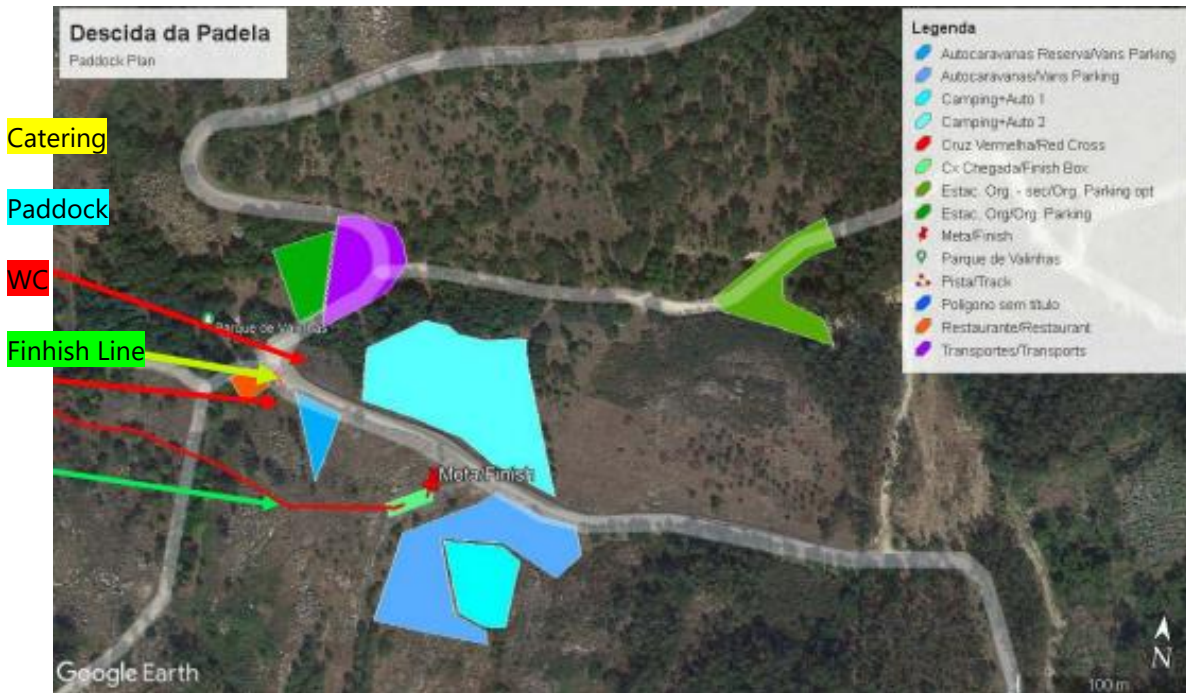
8. Team Managers Meeting

ONLINE MEETING Microsoft Teams - ~~Thursday 21 de March, 21H00~~ - Friday, 22 march - 21H00

9. Training

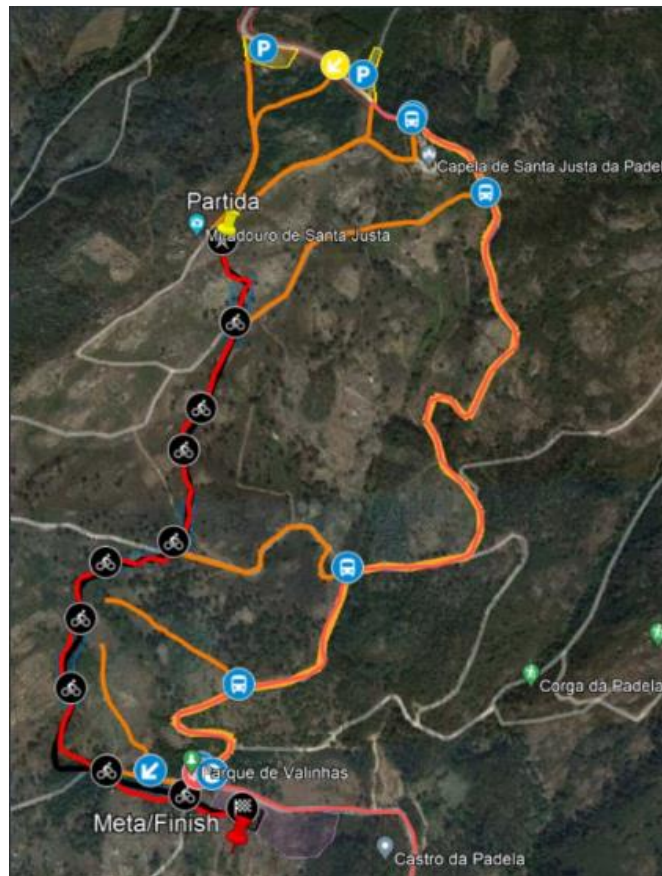
The official training takes place on Saturday. Two runs are mandatory. Number plate is mandatory to ride on track.
 Training it's not allowed out of the schedule defined in point 21 Event Schedule.

10. Map





11. Track



Length: 1,60 km
 Descida Acumulada: 228m
 Ponto mais baixo (altitude): 235m
 Ponto mais alto (altitude): 463m
 Time transport to start: 15min

12. Paddock

The Paddock is located at Parque de Merendas das Valinhas 41°39'35.55"N; 8°40'8.07"W.

13. Security

Mandatory:

- A full-face helmet must be worn properly
- The jersey shall be a long-sleeved shirt
- Full finger gloves;
- Long pants or short pants combined with suitable knee and shin protection

Recommended:

- Back, elbow, knee and shoulder protectors



14. Prize Money

RK	Men DHI	Woman DHI
1º	175	175
2º	140	140
3º	105	105
4º	88	88
5º	70	70
6º	63	63
7º	56	56
8º	49	49
Total	€ 746,00	€ 746,00

Paid in cash at the end of Podium ceremony,

15. UCI Points

RK	Men DHI	Woman DHI
1º	30	30
2º	20	20
3º	15	15
4º	12	12
5º	10	10
6º	8	8
7º	6	6
8º	4	4
9º	2	2
10º	1	1

16. Antidoping Control

The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place at the School of Carvoeiro. <https://maps.app.goo.gl/KQaCrJbRRoMg9s4S8>

17. Penalidades

The UCI penalty scale is the only one applicable.



18. Respect environment

Mountain biking is carried out in a natural environment, sometimes passing through remote areas of extreme beauty. It is extremely important that athletes recognize the need to respect the environment and the impact they leave behind. Athletes are prohibited from leaving materials such as Tear Off Goggles, packaging of bars, gel or others on the course.

19. Where to stay

<http://hotelrural.quintadesaosebastiao.com/pt/>
<http://www.cm-viana-castelo.pt/pt/directorio/categorias/alojamento>

20. Gastronomy

<http://www.cm-viana-castelo.pt/pt/directorio/categorias/restaurantes>

21. Event Schedule

1º Day (Friday 22)	
	Permanence (informations and acreditations)
14h30 – 18h00	Paddock opening
	Foot inspection only
2º Day (Saturday 23)	
08h00 – 13h00	Permanence / Check licences and issue numbers
09h00 – 12h00	Practice, All categories
11h00 – 13h00	Practice, categories: Elite +17 (M/F)
14h00 – 18h00	Permanence / Check licences and issue numbers
14h00 – 15h15	Official practice, categories: Sub-15; Sub-13
14h00 – 16h00	Official practice, categories: Sub-17; Masters e Open (M/F)
15h00 – 17h00	Official practice, categories: Elite +17 (M/F)
17h00 – 18h00	Official practice, All categories
3º Day (Sunday 24)	
08h00 – 16h00	Permanence
08h00 – 10h00	Open practice all categories
10h00 – 10h30	Open practice, categories: Elites +17 TOP 20 (M/F)
10h45	Qualifying run
14h00	Final run
16h30	Awards ceremony

SPONSORS



PARTNERS

