



Anadia – Portugal
30 June – 19 July

UEC JUNIORS & U23 EUROPEAN CHAMPIONSHIPS

MTB – ROAD – TRACK

Anadia2022.eu – facebook.com/anadia2022



www.anadia2022.eu

MTB: 30 June – 03 July | ROAD: 07-10 July | TRACK: 14-19 July

BTT: 30 Junho – 03 Julho | ESTRADA: 07-10 Julho | PISTA: 14-19 Julho



INSTITUTO PORTUGUÊS
DO DESPORTO
E ADVENTURE



Turismo
Centro
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FUNDAÇÃO DO DESPORTO



ANADIA

UM CONCELHO COM PEDALADA

- VELÓDROMO NACIONAL**
- PISTA DE BMX**
- PISTA DE XCO**
- PERCURSOS DE ESTRADA**
- TRILHOS DE NATUREZA**
- M2R - MUSEU DAS DUAS RODAS**



Anadia é o centro satélite europeu do Centro Mundial de Ciclismo da UCI – União Ciclista Internacional.



MARIA TERESA CARDOSO

> Presidente da Câmara Municipal de Anadia

> Mayor of Anadia

Vem de longe a forte ligação entre o concelho de Anadia e o ciclismo, não só a nível económico, mas também cultural e sentimental. Por este motivo, o Município de Anadia tem vindo a apostar na promoção desta modalidade, apoiando associações que se dedicam às duas rodas, criando infraestruturas para a prática da modalidade que têm sido usadas por cidadãos nacionais e estrangeiros, patrocinando atletas locais e, entre outras medidas, divulgando, através do Museu das Duas Rodas, um passado próspero.

No concelho de Anadia, o ciclismo tem também um presente admirável e – perspetiva-se – um futuro promissor. Este setor soube acompanhar a evolução dos tempos com perícia, inteligência e visão futurista, permanecendo ativo e cada vez mais forte, moderno e eficiente.

Por tudo isto, a Câmara Municipal de Anadia apoia a realização dos campeonatos europeus de juniores e sub-23, nas vertentes de BTT, estrada e pista, tendo em conta os benefícios do desporto e da competição, e esperando que esta passagem por Anadia se constitua como um incentivo com capacidade para gerar novos adeptos e atletas. Este evento desempenha um papel importante na promoção do ciclismo, uma modalidade desportiva de alta competição também aconselhada a ciclistas amadores de todas as idades, com muitos benefícios para a saúde e para o ambiente.

Enquanto "Município do Desporto" e "Terra de Paixões", Anadia dá as boas-vindas a todos os atletas e também às respetivas comitivas envolvidos nas várias provas competitivas. Que a vossa passagem por Anadia, centro satélite europeu do Centro Mundial de Ciclismo da União Ciclista Internacional, vos permita, além de participar na competição, conhecer o concelho, que tem muito para ver, sentir e saborear! Voltem sempre!

The strong connection between Anadia and cycling is long-standing, not only economically but also culturally and sentimentally. For this reason, Anadia Municipality has been investing in the promotion of this modality, supporting associations dedicated to two wheels, creating infrastructures for the practice of this sport that have been used by national and foreign citizens, sponsoring local athletes and, among other measures, promoting, through the Museu das Duas Rodas, a prosperous past.

In the municipality of Anadia, cycling also has an admirable present and – it is expected – a promising future. This sector has been able to follow the evolution of times with skill, intelligence and futuristic vision, remaining active and increasingly strong, modern and efficient.

For all these reasons, Anadia City Hall supports the European championships, in mountain biking, road and track, taking into account the benefits of sport and competition, and hoping that this passage through Anadia will be an incentive with the capacity to generate new fans and athletes. This event plays an important role in promoting cycling, a sport modality of high competition also advised to amateur cyclists of all ages, with many benefits for health and the environment.

As "Municipality of Sport" and "Land of Passions", Anadia welcomes all athletes and also their respective committees involved in the various competitive events. May your stay in Anadia, European satellite centre of the World Cycling Centre of the International Cycling Union, allow you, besides participating in the competition, to get to know the municipality, which has a lot to see, feel and taste! Come back always!

ANADIA

Anadia, Terra de Paixões

Situada no centro da Região da Bairrada, Anadia distingue-se pela multiplicidade de experiências que oferece a todos os visitantes, desde as deslumbrantes paisagens de perder de vista, passando pela deliciosa gastronomia e pela rica história da região e, claro, pela sua eterna ligação ao mundo velocipédico.



Deixe-se encantar pela natureza, com um passeio ao ar livre, a pé ou de bicicleta, que lhe permitirá desfrutar de barragens, lagoas e extensas paisagens vitivinícolas que pintam esta região. Não deixe de apreciar os vinhos e espumantes ímpares que se produzem neste território, de qualidade reconhecida em todo o mundo.

Regresse ao passado através do património presente no concelho de Anadia, descobrindo edifícios históricos e vários espaços museológicos, como o Museu do Vinho Bairrada e o Museu das Duas Rodas. Por fim, não se esqueça de relaxar, usufruindo das estâncias termais – Curia e Vale da Mó – que o deixarão como novo e com o desejo de regressar.



Anadia, Land of Passions

Located in the center of the Bairrada region, Anadia stands out for the multiplicity of experiences offered to all visitors, from the breathtaking landscapes to the delicious gastronomy and the rich history of the region and, of course, for its eternal connection to the velocipede world.

Let yourself be enchanted by nature, with an outdoors walk or bicycle ride that will allow you to enjoy dams, lakes and extensive wine-growing landscapes that characterize this region. Be sure to appreciate the unique wines and sparkling wines produced in this territory, whose quality is recognized all over the world.

Return to the past through the heritage present in the municipality of Anadia, discovering historical buildings and several museum spaces, such as the Bairrada Wine Museum and the Duas Rodas Museum. Finally, do not forget to relax by enjoying the thermal spas – Curia and Vale da Mó – that will make you feel like new again and with the desire to return.



ANADIA

Um território com o ciclismo na sua génesis

Anadia é um dos concelhos portugueses que possui uma maior ligação ao mundo das duas rodas. Prova disso é a existência do Centro de Alto Rendimento de Anadia – Velódromo Nacional, em Sangalhos, que é, na Europa, o único Centro Satélite do Centro Mundial de Ciclismo da União Ciclista Internacional. Este complexo desportivo moderno, inaugurado em 2009, foi criado para formar atletas, nacionais e internacionais, em regime de alto rendimento.

Nos últimos anos, têm vindo a ser criadas condições para sessões de treino e estágios, com o apoio de treinadores especializados da Federação Portuguesa de Ciclismo e ainda do departamento médico.

A territory with cycling at its genesis

Anadia is one of the Portuguese municipalities with a stronger connection to the two-wheeled world. Proof of that is the existence of the Anadia High Performance Centre – National Velodrome, in Sangalhos, which is, in Europe, the only Satellite Centre of the World Cycling Centre of the Union Cycliste Internationale. This modern sports complex, inaugurated in 2009, was created to train national and international athletes in a high performance regime.

In recent years, conditions have been created for training sessions and training camps, with the support of specialized coaches from the Portuguese Cycling Federation and also the medical department.



A TUA **ESCOLHA** A NOSSA **MISSÃO**

ASSOCIATIVISMO JOVEM
YOUTH ASSOCIATIVISM

CIDADANIA
CITIZENSHIP

CULTURA E CRIATIVIDADE
CULTURE AND CREATIVITY

DESPORTO
SPORT

EMPREENDEDORISMO
ENTREPRENEURSHIP

FORMAÇÃO
TRAINING

MOBILIDADE
MOBILITY

SAÚDE
HEALTH

TEMPOS LIVRES
FREE TIME

VOLUNTARIADO JOVEM
YOUTH VOLUNTEERING





JOÃO PAULO CORREIA

> **Secretário de Estado da Juventude e do Desporto**

> **Secretary of State for Youth and Sport**

É com grande honra e orgulho que, na qualidade de Secretário de Estado da Juventude e do Desporto, expresso a minha satisfação pela realização de um evento com este significado no Centro de Alto Rendimento de Anadia – Velódromo Nacional.

Este Campeonato da Europa decorre no nosso Centro Satélite para a Europa, da União Ciclista Internacional – UCI, garantindo mais uma vez a projeção internacional de Portugal como destino de excelência, quer de treino quer de competição.

Confiamos que a Câmara Municipal de Anadia e a Federação Portuguesa de Ciclismo saberão, pela excelência do trabalho que vêm desenvolvendo, organizar com rigor, determinação e sucesso estes Campeonatos da Europa, que pela primeira vez se realizam de forma consecutiva em três vertentes olímpicas desta modalidade que apaixona os portugueses.

Um evento desportivo desta magnitude e que decorre em Anadia ao longo de três semanas, é não só marcante do ponto de vista do impacto económico, mas também uma excelente oportunidade para ver ao vivo os melhores atletas da Europa nestes escalões etários.

São eventos desta natureza que dignificam o Desporto em Portugal e têm da parte do Governo não só o apoio, mas o maior sentido de reconhecimento às diversas entidades que se envolvem, que organizam ou que neles participam por via do voluntariado.

It is with great honour and pride that, as Secretary of State for Youth and Sport, I express my satisfaction for the realisation of an event of this significance at the Anadia High Performance Centre – National Velodrome.

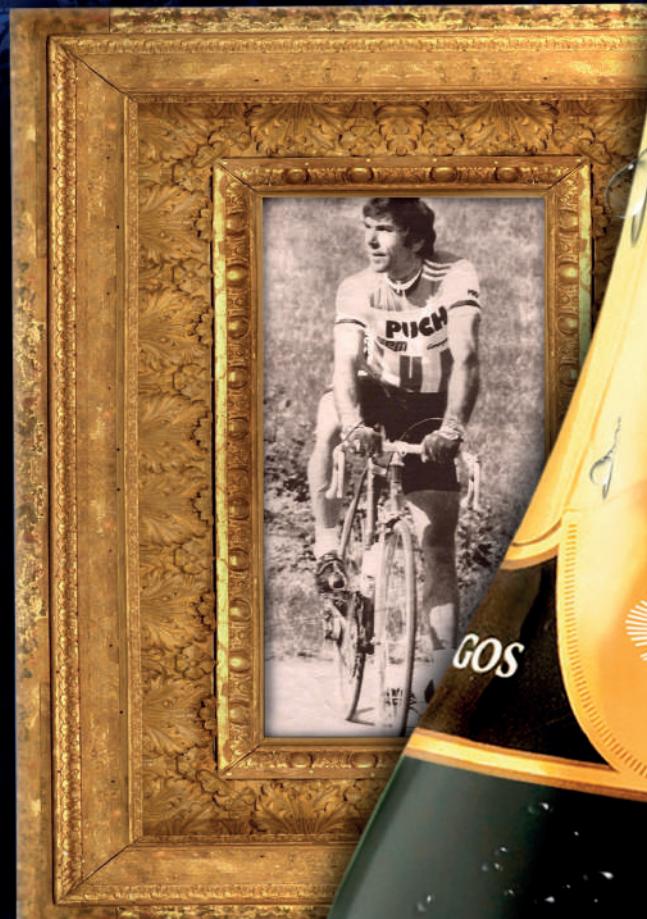
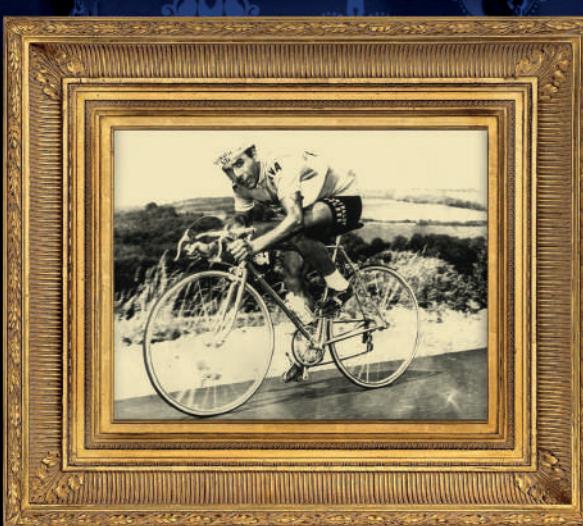
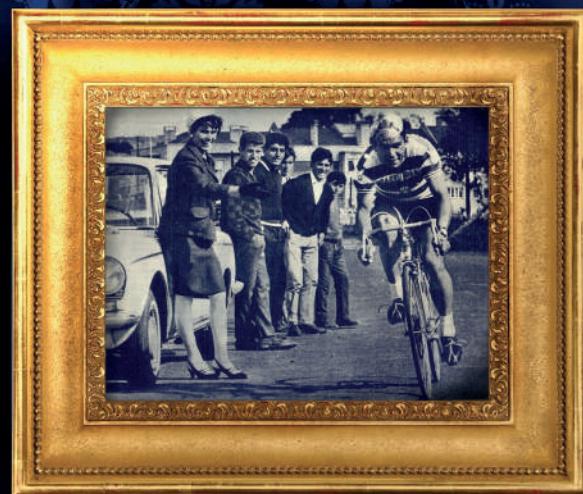
This European Championship takes place in our Satellite Centre for Europe, of the International Cycling Union – UCI, ensuring, once again, the international projection of Portugal as a destination of excellence, both for training and competition.

We trust that Anadia City Hall and the Portuguese Cycling Federation, due to the excellence of the work they have been developing, will know how to organise these European Championships with rigour, determination and success.

A sporting event of this magnitude, taking place in Anadia over three weeks, is not only remarkable in terms of economic impact, but also an excellent opportunity to see live the best athletes in Europe in these age groups.

Events of this nature dignify Sports in Portugal and have from the Government not only the support, but also the greatest sense of recognition to the several entities that get involved, that organize them or participate in them through volunteering.

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DESDE 1937
São Domingos ESPUMANTE



JOSÉ MANUEL CONSTANTINO

> Presidente do Comité Olímpico de Portugal

> President of the Olympic Committee of Portugal

A realização em Portugal dos Campeonatos da Europa de Ciclismo, para os escalões de juniores e Sub-23, ao longo de três semanas, tem um significado muito expressivo quanto à atração que as organizações desportivas internacionais têm pelas condições únicas que Portugal é capaz de oferecer e, simultaneamente, atesta a capacidade e competência exibidas pela Federação Portuguesa de Ciclismo na resposta a este tipo de desafios.

Igualmente significativo é o facto desta competição com sede organizativa em Portugal dizer respeito não a uma, mas a três disciplinas distintas do Ciclismo: o BTT, a estrada e a pista. Esta transversalidade traduz também aquela que tem sido a evolução da modalidade no nosso País, propiciada pela implementação de uma infraestrutura como a pista de Anadia, localidade que acolhe a organização.

À escolha de Portugal para esta organização também não é certamente alheia a qualidade dos resultados desportivos alcançados pelos ciclistas portugueses nos últimos anos, que os levou ao pódio em diversas competições internacionais e, simbolicamente, à estreia em Ciclismo de pista nos Jogos Olímpicos Tóquio 2020.

Neste quadro, resta-me, pois, desejar que os Campeonatos da Europa em Anadia possam ser mais uma grande manifestação desportiva organizada em Portugal, com resultados de excelência em todas as vertentes.

Holding the European Cycling Championships in Portugal for the junior and under-23 age groups over three weeks has a very significant significance in terms of the attraction that international sports organisations have for the unique conditions Portugal is able to offer and, at the same time, attests to the ability and competence displayed by the Portuguese Cycling Federation in responding to this type of challenge.

Equally significant is the fact that this competition, organized in Portugal, concerns not one, but three distinct Cycling disciplines: MTB, road and track. This transversality also reflects what has been the evolution of the sport in our country, propitiated by the implementation of an infrastructure such as the Anadia track, the town which hosts the organization. Portugal's choice for this organization is certainly not unrelated to the quality of the sporting results achieved by Portuguese cyclists in recent years, which led them to the podium in various international competitions and, symbolically, to the debut in track cycling in the Tokyo 2020 Olympic Games.

In this context, I can only hope that the European Championships in Anadia may be another great sport event organised in Portugal, with excellent results in all areas.



ENRICO DELLA CASA

> Presidente da UEC

> President of the UEC

Entre 30 de junho e 19 de julho, o concelho de Anadia, com a sua rica história e cultura, será a indiscutível capital europeia do ciclismo, acolhendo um evento único. Durante três semanas, os jovens talentos sun-19 e sub-23 de 51 países da Europa vão juntar-se pela primeira vez para um único grande Campeonato em que serão atribuídos títulos europeus em várias disciplinas do ciclismo de estrada, pista e BTT. O desenvolvimento e a promoção do ciclismo jovem foi sempre uma das prioridades da União Europeia de Ciclismo, razão pela qual trabalhámos para criar um Campeonato que é, sobretudo, uma oportunidade para os jovens atletas se encontrarem, promovendo e dando visibilidade ao país que o acolhe.

Ao longo dos anos, construímos uma relação próxima com o concelho de Anadia, na região da Bairrada, graças estar aqui sediado um dos velódromos mais ativos em termos de eventos, não apenas com provas para os mais jovens. Graças à paixão e ao planeamento cuidadoso dos responsáveis autárquicos, dos líderes da Federação Portuguesa de Ciclismo e das boas infraestruturas hoteleiras, depois da criação da moderna pista da BMX e da pista permanente de BTT, Anadia tornou-se Centro Satélite do Centro Mundial de Ciclismo e o Campeonato da Europa de 2022 será, sem dúvida, outro grande sucesso para Portugal.

Quero agradecer à Federação Portuguesa de Ciclismo e ao seu presidente, Delmino Pereira, à Câmara Municipal de Anadia e à sua presidente, Teresa Cardoso, e estou certo que os mais de 1200 ciclistas que participarão nas corridas vão inspirar e entusiasmar o apaixonado público português com três semanas de grande desporto.

From 30 June to 19 July, the City of Anadia, with its rich history and culture will be the undisputed capital of European cycling with a unique event of its kind. For three weeks young talent Juniors (17-18 years) and Under 23 (19-22 years) from 51 European countries will meet together for the very first time in Portugal for a unique major Championships where European titles in the various Road, Track and MTB disciplines will be awarded.

The development and promotion of youth cycling has always been of the Union Européenne de Cyclisme's priorities, which is why we have worked to create a Championships that are above all for all athletes an opportunity to get together and also to promote and give visibility to the host country.

Over the years, we have built up a close relationship with the City of Anadia, in the Bairrada Region thanks to it being one of the most active velodromes in terms of organisation and not just in the youth sector. Due to the passion and careful planning by local councils, the leaders of the Portuguese Cycling Federation and good hotel facilities, after the creation of the modern BMX track and the permanent MTB circuit, Anadia has become a World Cycling Centre Satellite Cycling Centre and the 2022 Championships will without doubt be another great success for this country.

I wish to thank the Portuguese Cycling Federation and its President Delmino Pereira, the City Council of Anadia and its Mayor, Teresa Cardoso, and am certain that the 1,200 riders plus taking part in the various scheduled races will inspire and thrill the passionate Portuguese public with three weeks of great sport.



DELMINO PEREIRA

> Presidente da Federação Portuguesa de Ciclismo

> President of the Portuguese Cycling Federation

A organização de três Campeonatos da Europa, de forma sucessiva, é um desafio imenso para a Federação Portuguesa de Ciclismo, numa parceria organizativa com a Câmara Municipal de Anadia e a UEC. Mas é também uma oportunidade para afirmar, nacional e internacionalmente, a nossa capacidade empreendedora e para promover a exceléncia das instalações desportivas, dos percursos cicláveis e da hotelaria da região.

O Campeonato da Europa de BTT, Estrada e Pista para Sub-23 e Sub-19 será, pois, um momento de afirmação do Centro de Alto Rendimento de Anadia, já reconhecido como Centro Satélite para a Europa do Centro Mundial de Ciclismo, num contexto de retoma competitiva e de grandes eventos na saída da pandemia.

Desportivamente temos a expectativa de proporcionar aos adeptos de ciclismo grandes espectáculos da modalidade, em três das suas vertentes olímpicas. Será uma oportunidade de ouro para ver ao vivo aqueles que, a breve prazo, irão afirmar-se como os grandes ídolos internacionais de BTT, estrada e pista. Este Campeonato da Europa é também um estímulo para toda a comunidade velocipédica portuguesa. Os nossos melhores sub-23 e sub-19 irão competir pelos melhores resultados, contando, por certo, com o apoio do público. Todos os clubes e praticantes do país estão convidados a assistir ao evento, pois queremos que o sintam como seu e que o interpretem como motivação extra para continuarem a desenvolver-se e a sonhar com resultados futuros.

Além da parte desportiva, este evento representa um forte impulso para a economia nacional, contribuindo para mitigar os impactos negativos que a pandemia impôs no passado recente. A promoção territorial será também uma realidade, pois dezenas de seleções nacionais poderão experimentar tudo quanto Anadia e a região tem para oferecer a quem pratica ciclismo.

A Federação Portuguesa de Ciclismo agradece a confiança da UEC para a organização destes Campeonatos da Europa, assim como o apoio do Governo, da Câmara Municipal de Anadia e de todos os parceiros.

A organização dá as boas vindas a todos os participantes, desejando-lhes sucesso desportivo.

Organising three European Championships in succession is an immense challenge for the Portuguese Cycling Federation, in an organisational partnership with Anadia City Council and the UEC. But it is also an opportunity to affirm, nationally and internationally, our entrepreneurial capacity and to promote the excellence of the sports facilities, the cycling routes and the hospitality in the region.

The European Championship of Mountain Bike, Road and Track for Under-23 and Under-19 will be, therefore, a moment of affirmation for the High Performance Centre of Anadia, already recognized as a Satellite Centre for Europe of the World Cycling Centre, in a context of competitive recovery and great events in the exit of the pandemic.

In sportive terms, we expect to provide cycling fans with great spectacles of the sport, in three of its Olympic disciplines. It will be a golden opportunity to see live those who will soon establish themselves as the great international stars of mountain biking, road and track.

This European Championship is also a stimulus for the entire Portuguese cycling community. Our best under-23 and under-19 athletes will compete for the best results, counting on the support of the public. All of the country's clubs and practitioners are invited to attend the event, because we want them to feel it as their own and to interpret it as extra motivation to continue developing and dreaming of future results. Besides the sporting part, this event represents a strong impulse for the national economy, contributing to mitigate the negative impacts that the pandemic imposed in the recent past. The territorial promotion will also be a reality, since dozens of national teams will be able to experience everything Anadia and the region have to offer to those who practice cycling.

The Portuguese Cycling Federation is thankful for the UEC's trust in the organisation of these European Championships, as well as for the support of the Government, Anadia City Hall and all partners.

The organisation welcomes all the participants and wishes them sporting success.

USEFUL INFORMATION

USEFUL INFORMATION

Medical – Emergency – Local Authorities

A team of doctors and paramedics will be present onsite throughout official training sessions and competitions.

Official Race Doctor:
Dr. Filipe Lima Quintas
Phone: +351 964 088 850

Nearest hospitals

Centro Hospitalar e Universitário de Coimbra

Praceta Prof. Mota Pinto
3000-075 Coimbra
Phone: +351 239 400 400
Distance from Anadia: 32,3 km

Centro Hospitalar do Baixo Vouga Hospital Infante D. Pedro

Av. Artur Ravara
3810-501 Aveiro
Phone: +351 234 378 300
Distance from Anadia: 31,7 km

Emergency ambulance

Phone: 112

Police

GNR – Destacamento Territorial de Anadia
Phone : +351 231 512 341

Riders safety on the roads

- Whilst out on the roads remember not to ride on the highway.

- After dark you will require a front and back light fitted to your bike.

- Ensure you adhere to all road signs and do not ride on the pedestrian's way, this is illegal and may result in a fine.

- Please make sure you have your ID with you when you are outside the venue.

OFFICIAL HOTELS



UEC Official hotel

Curia Palace Hotel Spa & Golf -
Curia – Tamengos, P – 3780-541 Anadia – Coimbra
Phone: +351 231 510 300 | Email. curia@almeidahotels.pt
<https://www.almeidahotels.pt/en/hotel-coimbra>



List of hotels by the LOC Grande Hotel do Luso

<https://www.hoteluso.com/pt/>



Estalagem de Sangalhos Sports & Nature Hotel

<https://estalagem.sunlive.pt/pt/>



In Gold Hotel & Spa

<https://www.ingoldhotel.pt>



Estalagem da Pateira

<https://pateira.com>

OFFICIAL HOTELS

Hotel Paraíso
<http://www.hotelparaiso.com>



Hotel Cabecinho
<https://www.hotel-cabecinho.com/>



Hotel das Termas da Curia
<https://www.termasdacuria.com>



Curia Clube
<https://curiaclubehotel.com-hotel.com.pt/>



HMB Hotel – Fermentelos
<https://www.hmbhotels.pt/hmb-fermentelos-hotel>

**For any bookings in the hotels, please contact:
hospitality@fpciclismo.pt**

OFFICIAL RESTAURANTS

Moita 25
<https://www.facebook.com/restaurantemoita25>
Phone: +351 231 511 522



Mugasa
<https://www.facebook.com/restaurante.mugasa>
Phone: +351 234 741 061



Nova Casa dos Leitões
<https://www.facebook.com/novacasadosleitoes>
Phone: +351 231 518 025



Pic Nic dos Leitões
<https://www.facebook.com/Restaurante-PIC-NIC-dos-leit%C3%B5es-p%C3%A1gina-pr%C3%A7a-299901927539617>
Phone: +351 231 202 343



Quatro Estações
<https://www.facebook.com/rquattroestacoes>
Phone: +351 231 504 396

OFFICIAL POSITIONS



ORGANISATION

LOCAL ORGANISING COMMITTEE (LOC)

President

Delmino Pereira
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General Secretary of the Event

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UEC REPRESENTATIVES

UEC Management Board

Enrico Della Casa (ITA) **President**

Delmino Albano Magalhães
Pereira (POR) **Vice President**

UEC General Secretary Alasdair MacLennan (GBR)

UEC Events Coordinator Tiziana Lardieri (SUI)

PANEL OF THE COMMISSIONS

President of the Commissaires

Panel Jan Schlichenmaier (GER)

Assistant PCP Csilla Tam (HUN)

UEC Race Secretary Lino Nossa (POR)

Additional Commissaire Armando Esteves (POR)

Permanence and Accreditation

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Marisa Carvalho, João Cunha

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Sport Flash

Protocol

Alexandre Almeida, Mariana Silva

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Safety al Logistics

Nelson Cordeiro

Medical Team Coordinator

Filipe Lima Quintas
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Doctors

Joana Ramalho, Ana Pereira

Nurses

Joana Pratas, Joana Seabra

Ambulances

Bombeiros Voluntários de Anadia

Accommodation

Ana Cunha
hospitality@fpciclismo.pt

Announcer

Teófilo Fernando / Ana Santos

Timing

Nelson Gabriel, Jorge Santos,
Jorge Figueiredo, Catarina
Figueiredo

Gate Keeper

Paulo Ferreira

Volunteers

Agrupamento de Escolas de
Anadia (Prof. Raul Pinto, Vítor
Henriques), Armando Libório,
Carlos Cruz, Carlos Veloso,
Joaquim Silva, Manuel Barreto

UEC Video Operator Roberto
Vassoney (ITA)

UEC MTB Commission
Petr MAREK (CZE) **President**

Ivana RUSZKOWSKI (CRO) **Member**

Tord Bern HANSEN (NOR) **Member**

Jurgen PAIL (AUT) **Member**

Pedro VIGÁRIO (POR) **Member**

Comimssaire Michal Efrati (ISR)

Comissaire Kyriakos
Papacharalambous (CYP)

Comissaire Mihailo Rokvic (SRB)

National Commissaire
Luís Teixeira (POR)

National Commissaire
João Arraiolos (POR)

National Commissaire
Henrique Silva (POR)

National Commissaire
Carlos Correia (POR)

Doping Control Agent
Bernardo Sánchez Peñarubia (ESP)



COMPETITION SCHEDULE

Wednesday, June 29th

- 16:30 Qualification heat Men E/U #1 and #2
- 17:00 Qualification heat Men Jun #1 and #2

Thursday, June 30th

- 11:30 – 12:15 Junior Women's Cross Country, Short Track (XCC), Final
- 12:30 – 12:45 Junior Women's Cross Country, Short Track (XCC) Awards Ceremony
- 13:30 – 14:15 Junior Men's Cross Country, Short Track (XCC), Final
- 14:30 – 14:45 Junior Men's Cross Country, Short Track (XCC) Awards Ceremony
- 15:30 – 16:15 Elite Women's Cross Country, Short Track (XCC), Final
- 16:30 – 16:45 Elite Women's Cross Country, Short Track (XCC) Awards Ceremony
- 17:30 – 18:15 Elite Men's Cross Country, Short Track (XCC), Final
- 18:15 – 18:30 Elite Men's Cross Country, Short Track (XCC) Awards Ceremony

Friday, July 1st

- 11:30 – 13:00 Team Relay (XCR), Final
- 13:15 – 13:30 Team Relay Awards Ceremony (XCR)
- 16:00 – 17:30 Eliminator, Qualifications (XCE)
- 18:15 – 19:00 Eliminator, (XCE), Finals
- 19:15 – 19:30 Eliminator, Awards Ceremony (XCE)

Saturday, July 2nd

- 11:00 – 12:15 Junior Men's Cross Country, XCO, Final
- 12:30 – 12:45 Junior Men's Cross Country, (XCO), Awards Ceremony
- 14:00 – 15:15 Junior Women's Cross Country, XCO, Final
- 15:30 – 15:45 Junior Women's Cross Country, XCO, Awards Ceremony

Sunday, July 3rd

- 11:00 – 12:30 U23 Women's Cross Country, XCO, Final
- 12:45 – 13:00 U23 Women's Cross Country, XCO, Awards Ceremony
- 14:00 – 15:30 U23 Men's Cross Country, XCO, Final
- 15:50 – 15:55 Flag handover
- 15:55 – 16:10 U23 Men's Cross Country, Awards Ceremony

MTB RACE VENUE

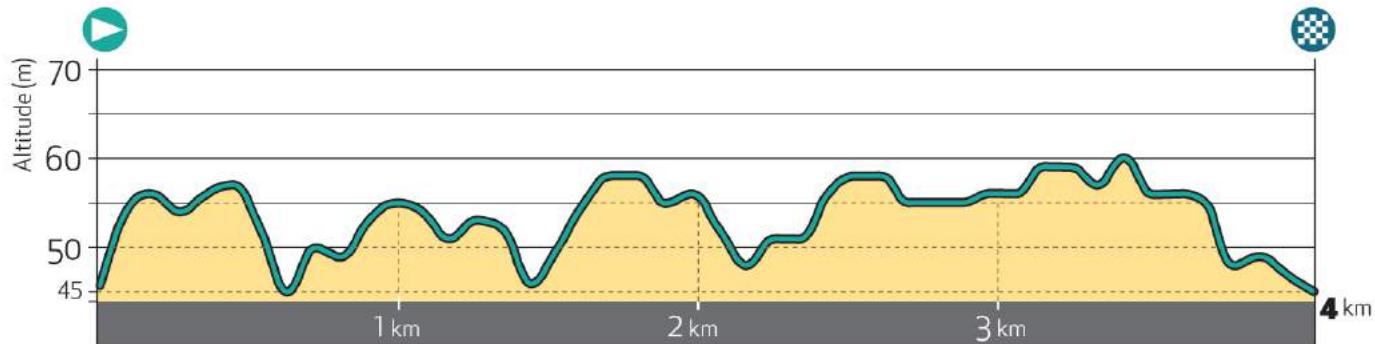
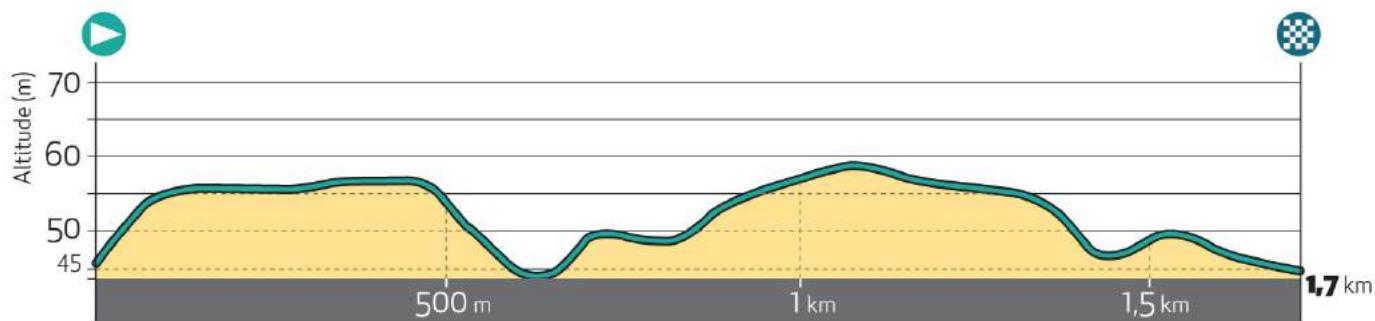
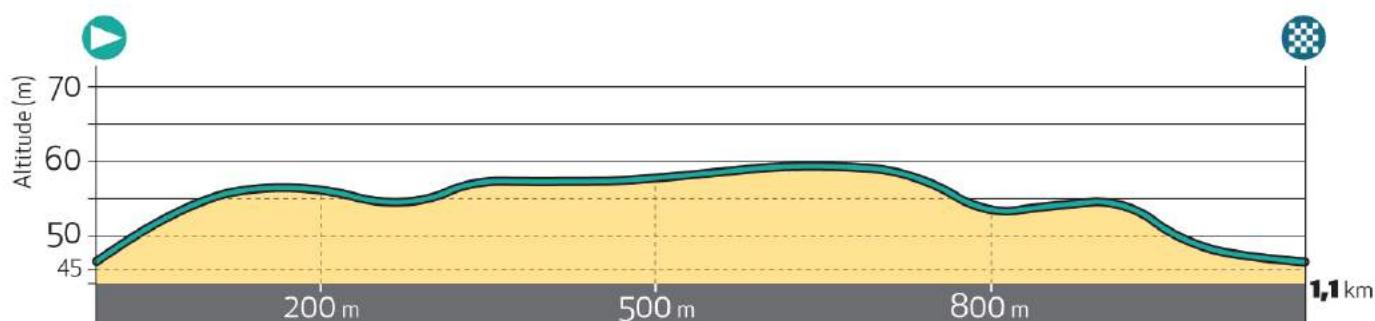


SHIMANO

MTB TRACKS



MTB COURSES PROFILES

PROFILE XCO**PROFILE XCC****PROFILE XCE**

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PGM

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Mariana Silva

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UEC Sports Coordinator / TD
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Teófilo Fernando,
Marta Varandas

Timing

Toni Carmo, Jorge Santos, Carlos Santos

Regulator

Hugo Rodrigues

Neutral Service Shimano

António Carvalho, Domingos Parente, Fernando Pinto, Fernando Vilela, José Sousa, Miguel Loureiro, Miguel Martins, Pedro Pinto

Drivers

António Pires, Arlindo Lourenço, João Barbosa, João Lourenço, José Braga, José Marques, Paulo Afonso, Paulo Ribeiro, Rogério Jerónimo, Rui Brandão, Rui Rocha

Yellow Flags

António Rocha, Davide Gouveia, Francisco Soares, Sérgio Silva

Radio Tour Comracer

Joaquim Pedrosa, Jorge Teixeira

Broom Wagon

Ricardo Carvalho

Moto Info

Tiago Guedes, José Rosa

Route Signposting

Pedro Silva, Ricardo Silva

Volunteers

Agrupamento de Escolas de Anadia (Prof. Raul Pinto, Vítor Henriques), Armando Libório, Carlos Cruz, Carlos Veloso, Joaquim Silva, Manuel Barreto



OFFICIAL POSITIONS



PANEL OF THE COMMISSAIRES

President of the Commissaires

Panel Philippe Marien (BEL)

Commissaire 2 Davide Bardelli (ITA)

Commissaire 3 Marko Zivanovich (SRB)

Commissaire 4 Cláudio Guimarães (POR)

Arrivals Judge Manuel Filipe (POR)

National Commissaire Catarina Figueiredo (POR)

National Commissaire António Pires (POR)

National Commissaire Nuno Peixoto (POR)

Moto Commissaire 1 Humberto Fernandes (POR)

Moto Commissaire 2 Vítor Pinto (POR)

Trainees Coordinator Jakob Knudsen (DEN)

Commissaire's trainee Vera Nikolova

Commissaire's trainee Luca Rokvic

Commissaire's trainee Mihkel Nantis

Commissaire's trainee Vladislavs Sokolova

Doping Control Yong Miao





COMPETITION SCHEDULE

Thursday, 7 July

- 10.00 – 11.00 Junior Women's Individual Time Trial 22,0 km
- 11.00 – 12.30 Junior Men's Individual Time Trial 22,0 km
- 12:45 – 13.05 Junior Women's and Junior Men's Award Ceremony
- 15.00 – 16.00 U23 Women's Individual Time Trial 22,0 km
- 16.00 – 17.25 U23 Men's Individual Time Trial 22,0 km
- 17.35– 17.55 U23 Women's and U23 Women's Award Ceremony

Friday, 8 July

- 10.00 – 11.00 Juniors Mixed Relay Team Time Trial 44,0 km
(First lap for men, second lap for women)
- 11.10 – 11.20 Juniors Award Ceremony
- 11.30 – 12.30 U23 Mixed Relay Team Time Trial 44,0 km
(First lap for men, second lap for women)
- 12.40– 12.50 U23 Award Ceremony

Note: all TT competition program will be finalized in accordance with the entries

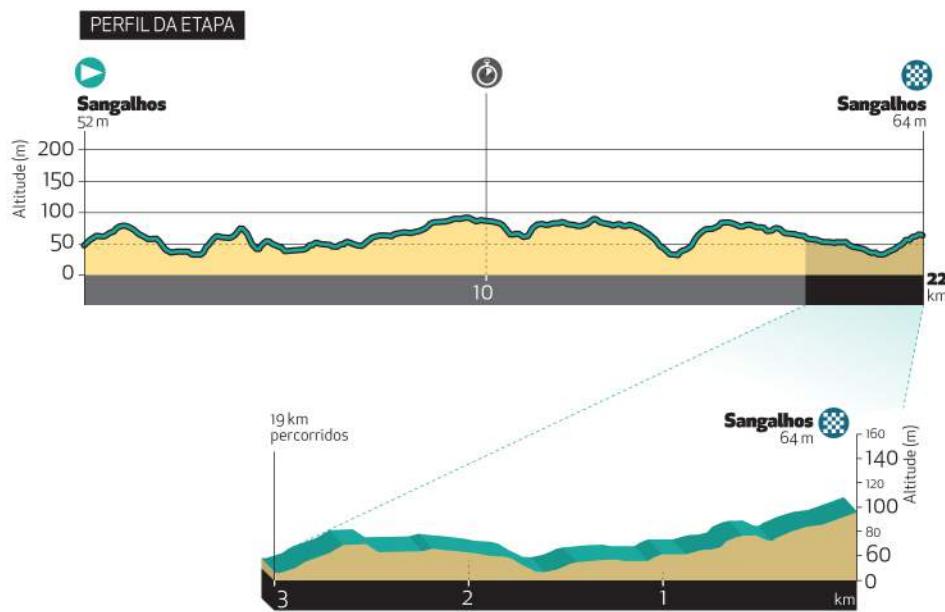
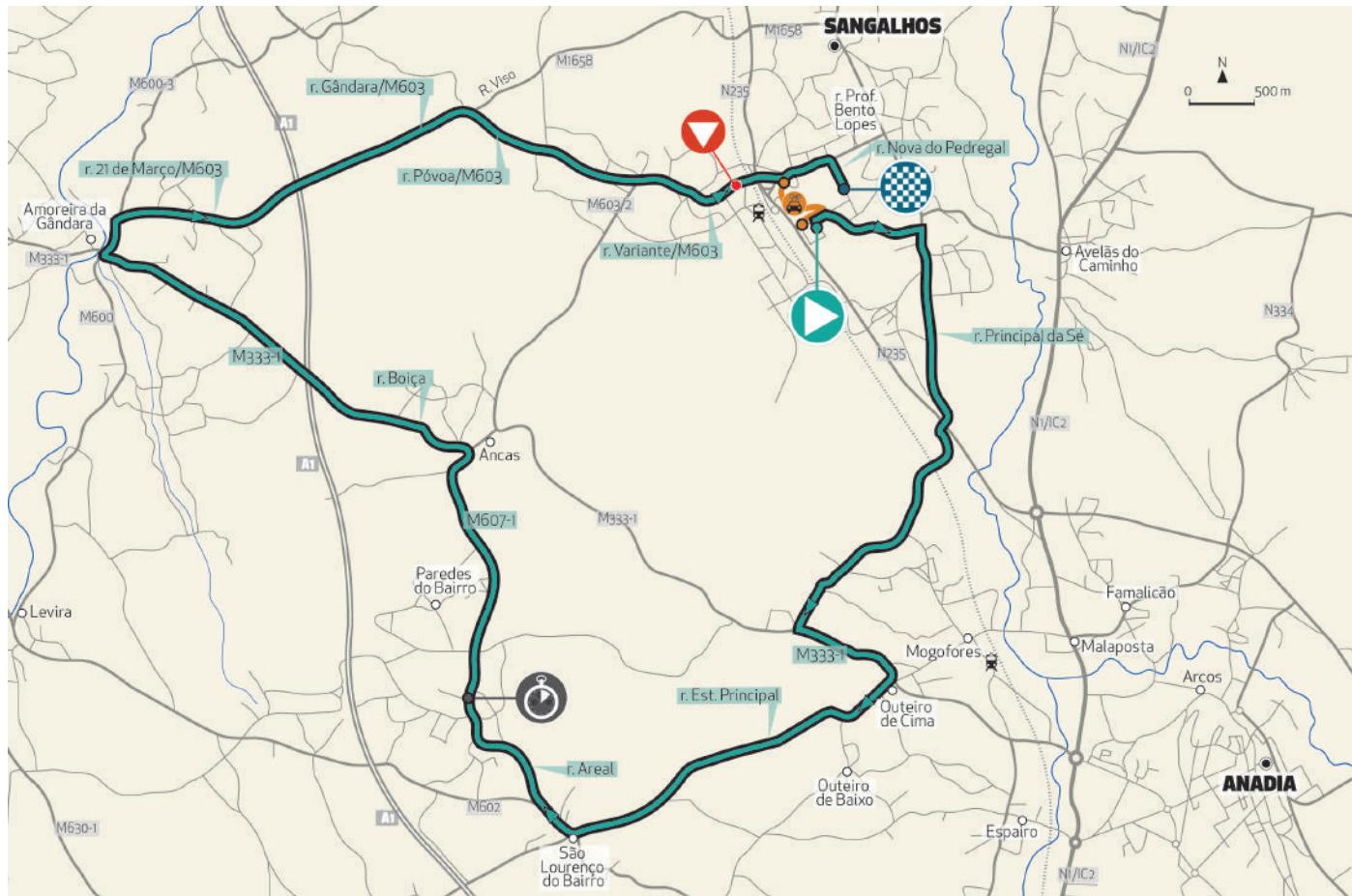
Saturday, 9 July

- 10.00 – 12.30 Junior Women's Road Race 83,1 km (4 laps)
- 12.40 – 12.50 Award Ceremony Junior Women
- 14.00 – 17.10 Junior Men's Road Race 125,9 km (6 laps)
- 17.20 – 17.30 Award Ceremony Junior Men

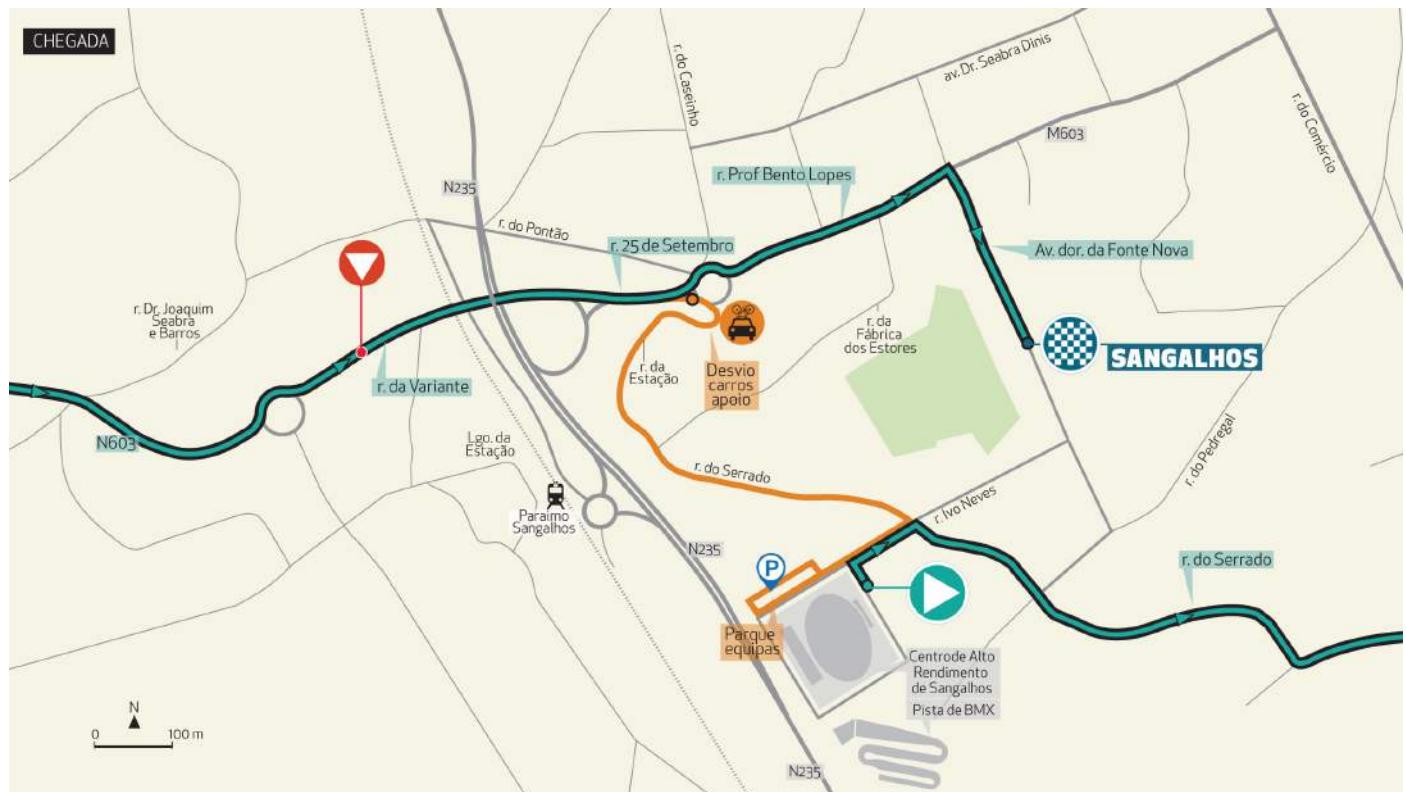
Sunday, 10 July

- 10.00 – 12.50 U23 Women's Road Race 104,5 km (5 laps)
- 13.00 – 13.10 Award Ceremony U23 Women
- 14.00 – 17.30 U23 Men's Road Race 147,3 km (7 laps)
- 17.40 – 17.50 Award Ceremony U23 Men

TIME TRIAL - MAP AND PROFILE



TIME TRIAL - START AND FINISH MAP



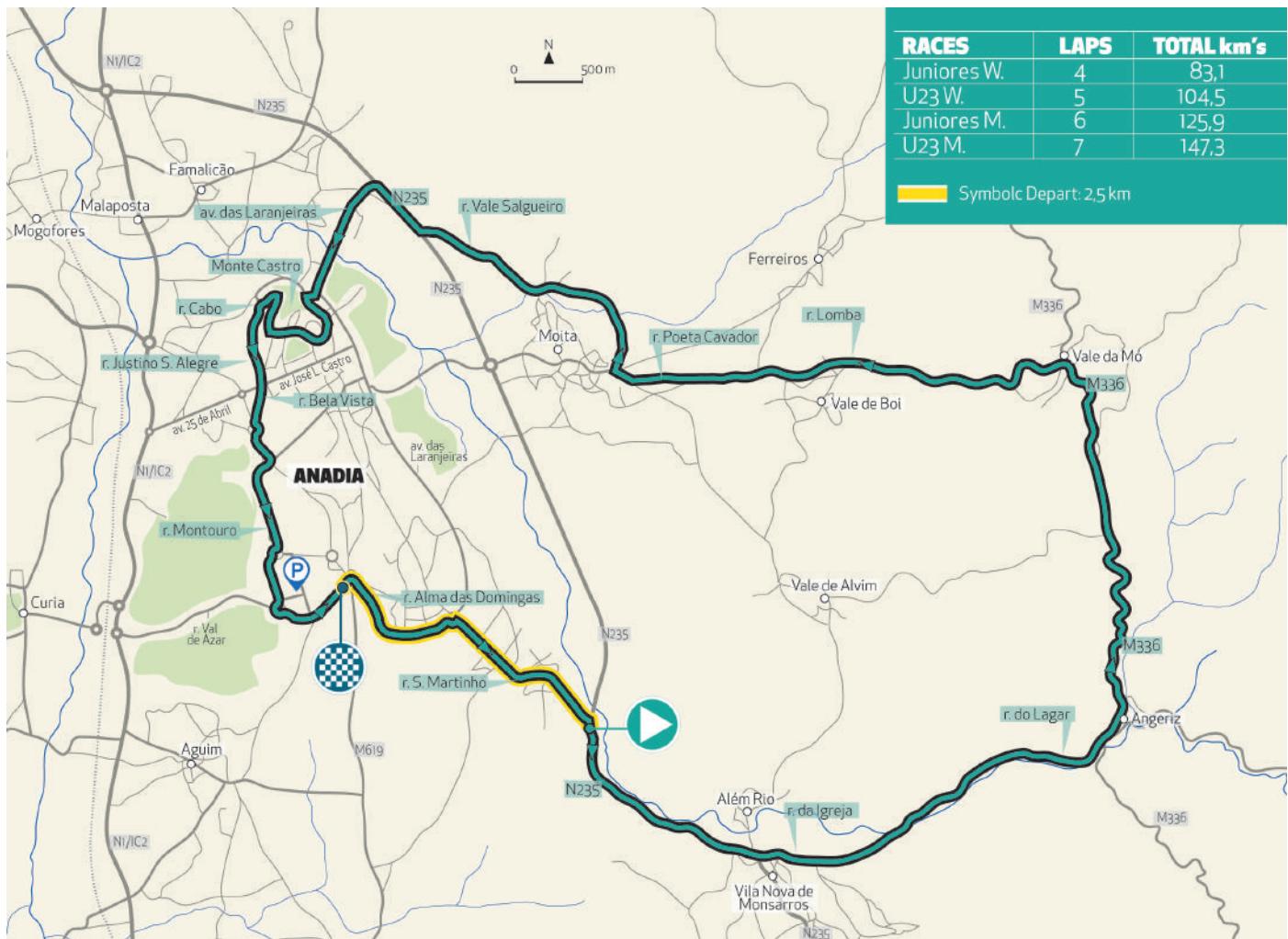
Largo da Feira – Fogueira – 3780-523 Sangalhos
T. + 351 234 741 061 – E-mail: restaurantemugasa@gmail.com

TIME TRIAL - ROUTE

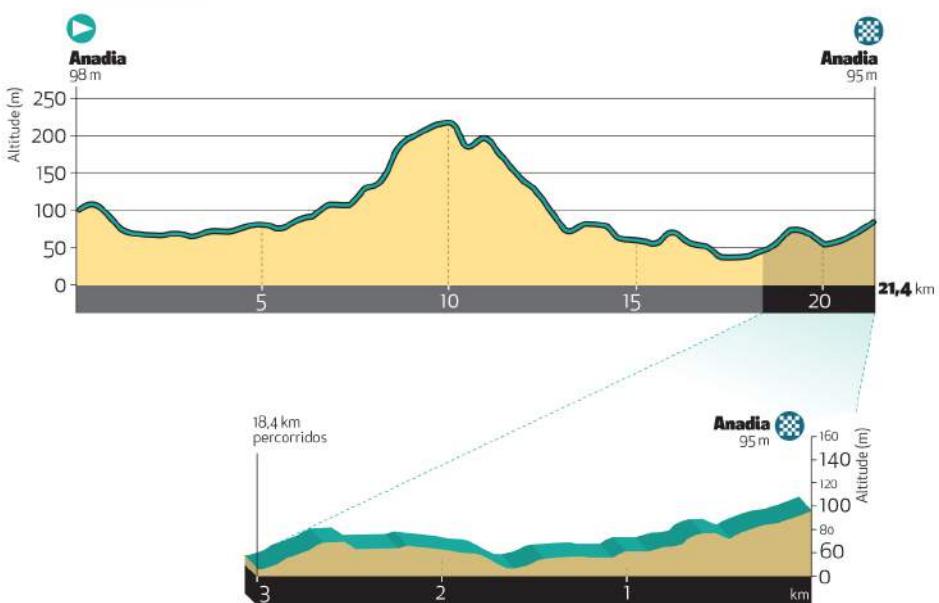
Start Zone: Centro Alto Rendimento de Anadia, Sangalhos (GPS: 40°28'49.5"N 8°28'32.8"W)

KM From Start	KM To the Finish	Route		Timetable		
				42 Km/h	46 Km/h	48 Km/h
0,0	22,0	Start - Centro Alto Rendimento Anadia, Sangalhos		15:00	15:00	15:00
0,1	21,9	Right to - Rua Serrado	→	15:00	15:00	15:00
0,7	21,3	Left to - Rua Canto	←	15:01	15:00	15:00
1,0	21,0	Right to - N235	→	15:01	15:01	15:01
2,3	19,7	Straight - Mogofores		15:03	15:03	15:02
4,1	17,9	Straight - Passagem Estreita	↑	15:05	15:05	15:05
4,8	17,2	Left to - N333-1	←	15:06	15:06	15:06
5,7	16,3	Right to - N334		15:08	15:07	15:07
7,8	14,2	Straight - N334		15:11	15:10	15:09
8,5	13,5	São Lourenço do Bairro		15:12	15:11	15:10
8,6	13,4	Right to Paredes - Rua da Escola	→	15:12	15:11	15:10
9,0	13,0	Right to - Rua da Escola	→	15:12	15:11	15:11
10,0	12,0	Intermediate Point - Paredes do Bairro		15:14	15:13	15:12
12,0	10,0	Ancas		15:17	15:15	15:15
12,2	9,8	Left to - N333-1	←	15:17	15:15	15:15
15,3	6,7	Amoreira da Gândara		15:21	15:19	15:19
15,4	6,6	Right to - Rua 24 de Abril		15:22	15:20	15:19
16,7	5,3	Left to - Rua 21 de Março		15:23	15:21	15:20
20	2,0	Fogueira		15:28	15:26	15:25
20,1	1,9	Straight - Rua Dr. Joaquim da Silveira		15:28	15:26	15:25
20,9	1,1	Straight		15:29	15:27	15:26
21,2	0,8	For the left	↑x	15:30	15:27	15:26
21,5	0,5	Straight		15:30	15:28	15:26
21,8	0,2	Right to - Rua da Fonte Nova	→	15:31	15:28	15:27
22	0,0	Finish Line - Rua da Fonte Nova - Sangalhos		15:31	15:28	15:27

ROAD RACE - MAP AND PROFILE



PERFIL DA ETAPA



ROAD RACE - LAST KM



ROAD RACE - ROUTE

Start Zone: Pavilhão dos Desportos de Anadia (GPS: 40°25'40.2"N 8°26'20.9"W)

KM	KM	Route	i	Timetable		
				36	38	40
From Start	To the Finish			Km/h	Km/h	Km/h
0,0	22,1	Start - Pavilhão de Desportos de Anadia		10:00	10:00	10:00
0,1	22,0	Straight - Rua Alma da Domingas			10:00	10:00
1,1	21,0	Right to - N235			10:01	10:01
2,5	19,6	Right to - N235			10:04	10:03
4,0	18,1	Vila Nova de Monsarros		10:06	10:06	10:06
4,3	17,8	Straight to Algeriz - Rua da Igreja			10:07	10:06
7,0	15,1	Algeriz		10:11	10:11	10:10
7,2	14,9	Left to Vale da Mó - N336			10:12	10:11
9,8	12,3	Junqueira		10:16	10:15	10:14
10,7	11,4	Left to Anadia			10:17	10:16
14,0	8,1	Moita		10:23	10:22	10:21
14,2	7,9	Right to - Rua Vale Salgueiro			10:23	10:22
15,3	6,8	Carvalhais		10:25	10:24	10:22
16,3	5,8	Right to - N235			10:27	10:25
16,8	5,3	Left to Andadia - Av. Das Laranjeiras			10:27	10:26
16,9	5,2	Anadia		10:28	10:26	10:25
17,7	4,4	Right to - Travessa do Bairro Azul			10:29	10:28
17,8	4,3	Left to - Rua Doutor José Paulo Cancela			10:29	10:28
18,1	4,0	Straight - Rua Júlio Maia			10:30	10:28
18,9	3,2	Monte Crasto		10:31	10:29	10:28
19,1	3,0	Rua Justino Sampaio Alegre			10:31	10:30
19,7	2,4	Straight - Rua da Bela Vista			10:32	10:31
20,1	2,0	Left to - Rua Prof. Dr. Rodrigues Lapa			10:33	10:31
20,3	1,8	Right to - Rua do Montouro			10:33	10:32
21,0	1,1	Right			10:35	10:33
21,3	0,8	Start Feed Zone		10:35	10:33	10:31
21,5	0,6	Left to Finish Line			10:35	10:33
22,1	0,0	Finish Line - Pavilhão de Desportos de Anadia		10:36	10:34	10:33

Races	Laps	Total Km
Juniors W.	4	83,1
U23 W.	5	104,5
Juniors M.	6	125,9
U23 M.	7	147,3

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UEC Vice President Delmino Albano Magalhães Pereira (POR)

UEC General Secretary Alasdair MacLennan (GBR)

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Nelson Cordeiro

Track Manager LOC

Nelson Cordeiro

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Mrs Miriam WELTE (GER) **Member**

Mr Daniel GISIGER (SUI) **Member**

Mr Martin LOLLESGAARD (DEN)
Member

Mr Gabriel MENDES (POR) **Member**

Mr Pascal SERGENT (FRA) **Member**

Vitalis

OFFICIAL POSITIONS



PANEL OF THE COMMISSIONAIRES

President of the Commissaires

Panel Luc Herpelinck (BEL)

Starter Paul Watson (IRL)

Judge Referee Andreas Gensheimer (GER)

National Commissaire Luís Miguel Loureiro (POR)

National Commissaire Rui Matos (POR)

National Commissaire Telmo Caramelo (POR)

National Commissaire António Rocha (POR)

National Commissaire Paulo Leal (POR)

National Commissaire Nuno Santos (POR)

National Commissaire Carlos Ruas (POR)

National Commissaire Carina Centeno (POR)

National Commissaire Nélson Baltazar (POR)

National Commissaire Sérgio Troeiro (POR)

Trainee Commissaire Yuval Dolin

Trainee Commissaire Avi Kimhi

Trainee Commissaire Ido Yoge

Trainee Commissaire Nir Levy

Trainee Commissaire Laszlo Kovacs

Doping Control José Manuel Diez Lorenzana (ESP)

Doping Control Maria João Patrício Fernandes (POR)

UEC Timing / Results Veloreresults

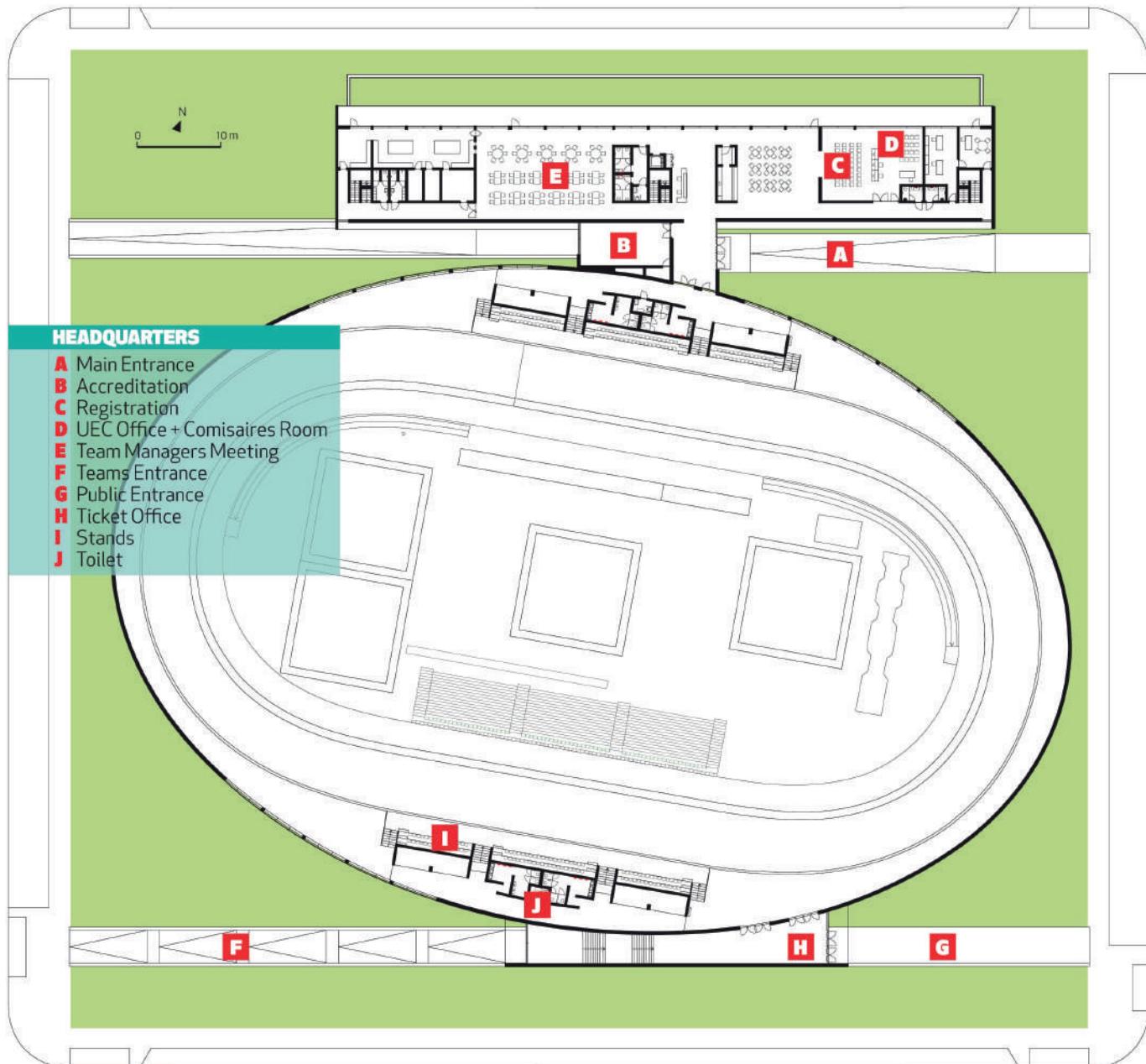
Live Timing Humberto Uribe (MEX)

UEC Race Secretary Lino Nossa (POR)

FPC Timing Luís Pinto (POR), Paulo Belo (POR), Toni Carmo (POR), Catarina Figueiredo (POR), Jorge Figueiredo (POR)



TRACK CYCLING VENUE



TICKETS

Daily Ticket/Bilhete Diário: €10

6-Day Pass/Passe 6 Dias: €40

FPC Members/ Filiados Federação Portuguesa de Ciclismo: €5/Day – €5/Dia

Anadia Residents/Residentes em Anadia: Free/Gratuito

COMPETITION SCHEDULE

DAY 1 – THURSDAY, 14 JULY

11.00-16.00	WJ	Team Sprint	Qualifying	18
	MJ	Team Sprint	Qualifying	18
	WU23	Individual Pursuit	Qualifying	50
	MU23	Individual Pursuit	Qualifying	91
	WJ	Team Pursuit	Qualifying	53
	MJ	Team Pursuit	Qualifying	70
				300

17.30-20.42	WJ	Team Sprint	First Round	11
	MJ	Team Sprint	First Round	11
	WJ	Scratch Race	Final	15
	WU23	Elimination Race	Final	18
	WJ	Scratch Race	Awards Ceremony	8
	WU23	Elimination Race	Awards Ceremony	8
	WU23	Individual Pursuit	Finals 3rd-4th and 1st-2nd	11
	MU23	Individual Pursuit	Finals 3rd-4th and 1st-2nd	13
	WU23	Individual Pursuit	Awards Ceremony	8
	MU23	Individual Pursuit	Awards Ceremony	8
	MJ	Scratch Race	Final	15
	MU23	Elimination Race	Final	18
	MJ	Scratch Race	Awards Ceremony	8
	MU23	Elimination Race	Awards Ceremony	8
	WJ	Team Sprint	Finals 3rd-4th and 1st-2nd	8
	MJ	Team Sprint	Finals 3rd-4th and 1st-2nd	8
	WJ	Team Sprint	Awards Ceremony	8
	MJ	Team Sprint	Awards Ceremony	8
				192

DAY 2 - FRIDAY, 15 JULY

10.00-14.12	WU23	Team Sprint	Qualifying	14
	MU23	Team Sprint	Qualifying	14
	WJ	Sprint	Qualifying (16 qualif.)	23
	WJ	Team Pursuit	First round	23
	MJ	Team Pursuit	First round	38
	WJ	Sprint	1/8 finals	19
	WU23	Team Pursuit	Qualifying	53
	MU23	Team Pursuit	Qualifying	68
				252

16.00-21.25	WU23	Team Sprint	First round	7
	MU23	Team Sprint	First round	7
	MJ	1km TT	Final	72
	WJ	Sprint	1/4 finals 1st heat	14
	MJ	1km TT	Awards Ceremony	8
	WJ	Team Pursuit	Finals 3rd-4th and 1st-2nd	15
	MJ	Team Pursuit	Finals 3rd-4th and 1st-2nd	14
	WJ	Sprint	1/4 finals 2nd heat	14
	WJ	Team Pursuit	Awards Ceremony	12
	MJ	Team Pursuit	Awards Ceremony	12
	WJ	Sprint	1/4 finals decider	4
	WU23	Scratch Race	Final	18
	WJ	Elimination Race	Final	18
	WU23	Scratch Race	Awards Ceremony	8
	WJ	Elimination Race	Awards Ceremony	8
	MU23	Scratch Race	Final	24
	MJ	Elimination Race	Final	18
	MU23	Scratch Race	Awards Ceremony	8
	MJ	Elimination Race	Awards Ceremony	8
	WU23	Team Sprint	Finals 3rd-4th and 1st-2nd	8
	MU23	Team Sprint	Finals 3rd-4th and 1st-2nd	8
	WU23	Team Sprint	Awards Ceremony	10
	MU23	Team Sprint	Awards Ceremony	10

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DAY 3 – SATURDAY, 16 JULY

10.00-14.25	MJ	Sprint	Qualifying (16 qualif.)	30
	WU23	Sprint	Qualifying (16 qualif.)	26
	MJ	Individual Pursuit	Qualifying	77
	WJ	Individual Pursuit	Qualifying	40
	WU23	Team Pursuit	First round	28
	MU23	Team Pursuit	First round	26
	WU23	Sprint	1/8 finals	19
	MJ	Sprint	1/8 finals	19
				265

14:45-15:15	WU23	<i>Madison Training</i>		30
15:15-15:45	MU23	<i>Madison Training</i>		30

16.30-21.02	WJ	Sprint	Semi-final 1st heat	7
	WU23	Sprint	1/4 finals 1st heat	14
	MJ	Sprint	1/4 finals 1st heat	14
	WJ	Sprint	Semi-final 2nd heat	7
	WU23	Sprint	1/4 finals 2nd heat	14
	MJ	Sprint	1/4 finals 2nd heat	14
	WJ	Sprint	Semi-final decider	4
	WU23	Sprint	1/4 finals decider	4
	MJ	Sprint	1/4 finals decider	4
	MU23	1km TT	Final	57
	WJ	Individual Pursuit	Finals 3rd-4th and 1st-2nd	10
	MJ	Individual Pursuit	Finals 3rd-4th and 1st-2nd	11
	MU23	1Km TT	Awards Ceremony	8
	WJ	Individual Pursuit	Awards Ceremony	8
	MJ	Individual Pursuit	Awards Ceremony	8
	WJ	Sprint	Finals 1st heat	7
	WU23	Team Pursuit	Finals 3rd-4th and 1st-2nd	14
	MU23	Team Pursuit	Finals 3rd-4th and 1st-2nd	14
	WJ	Sprint	Finals 2nd heat	7
	WU23	Team Pursuit	Awards Ceremony	12
	MU23	Team Pursuit	Awards Ceremony	12
	WJ	Sprint	Finals decider	4
	WJ	Sprint	Awards Ceremony	8

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DAY 4 – SUNDAY, 17 JULY

11.00-13.27	MU23	Sprint	Qualifying (16 qualif.)	36
	WJ	Omnium - race I	Scratch Race 5km	10
	MJ	Omnium - race I	Scratch Race 7.5km	15
	MU23	Sprint	1/8 finals	19
	WJ	Omnium - race II	Tempo Race 5km	10
	MU23	Sprint	1/4 finals 1st heat	14
	MJ	Omnium - race II	Tempo Race 7.5km	15
	MU23	Sprint	1/4 finals 2nd heat	14
	Pause			10
	MU23	Sprint	1/4 finals decider	4

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15.00-20.46	WJ	Omnium-race III	Elimination Race	18
	MJ	Sprint	Semi-final 1st heat	7
	WU23	Sprint	Semi-final 1st heat	7
	MJ	Omnium-race III	Elimination Race	18
	WJ	500m Time Trial	Final	35
	MJ	Sprint	Semi-final 2nd heat	7
	WU23	Sprint	Semi-final 2nd heat	7
	WJ	500m Time Trial	Awards Ceremony	8
	MJ	Sprint	Semi-final decider	4
	WU23	Sprint	Semi-final decider	4
	WU23	Points Race	Final 25km	40
	MJ	Sprint	Finals 1st heat	7
	WU23	Sprint	Finals 1st heat	7
	MU23	Points Race	Final 40km	52
	MJ	Sprint	Finals 2nd heat	7
	WU23	Sprint	Finals 2nd heat	7
	WU23	Points Race	Awards Ceremony	8
	MU23	Points Race	Awards Ceremony	8
	MJ	Sprint	Finals decider	4
	WU23	Sprint	Finals decider	4
	MJ	Sprint	Awards Ceremony	8
	WU23	Sprint	Awards Ceremony	8
	WJ	Omnium-race IV	Points Race 15km	25
	MJ	Omnium-race IV	Points Race 20km	30
	WJ	Omnium	Awards Ceremony	8
	MJ	Omnium	Awards Ceremony	8

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DAY 5 - MONDAY, 18 JULY

11.00-13.42	WU23	Omnium - Race I	Scratch Race 7,5km	15
	MU23	Omnium - Race I	Scratch Race 10km	15
	WJ	Keirin	1st round	14
	MJ	Keirin	1st round	18
	WU23	Omnium - Race II	Tempo Race 7,5km	15
	MU23	Omnium - Race II	Tempo Race 10km	15
	WJ	Keirin	1st round repechages	14
	MJ	Keirin	1st round repechages	18
	WU23	500m TT	Final	30
	WU23	500m TT	Awards Ceremony	8

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14:00-14:30	WJ	<i>Madison Training</i>	<i>Mandatory</i>	30
14:30-15:00	MJ	<i>Madison Training</i>	<i>Mandatory</i>	30

16.00-20.54	WU23	Omnium - Race III	Elimination Race	18
	MU23	Sprint	Semi-final 1st heat	7
	MU23	Omnium - Race III	Elimination Race	18
	MU23	Sprint	Semi-final 2nd heat	7
	WJ	Keirin	Semi-finals	9
	MJ	Keirin	Semi-finals	9
	MU23	Sprint	Semi-final decider	4
	WJ	Points Race	Final 20km	30
	MU23	Sprint	Finals 1st heat	7
	MJ	Points Race	Final 25km	35
	MU23	Sprint	Finals 2nd heat	7
	WJ	Points Race	Awards Ceremony	8
	MJ	Points Race	Awards Ceremony	8
	MU23	Sprint	Finals Decider	4
	WJ	Keirin	Finals 7-12 and 1-6	9
	MJ	Keirin	Finals 7-12 and 1-6	9
	MU23	Sprint	Awards Ceremony	8
	WJ	Keirin	Awards Ceremony	8
	MJ	Keirin	Awards Ceremony	8
	WU23	Omnium Race IV	Points Race 20km	30
	MU23	Omnium Race IV	Points Race 25km	35
	WU23	Omnium	Awards Ceremony	8
	MU23	Omnium	Awards Ceremony	8

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DAY 6 - TUESDAY, 19 JULY

10.00-12.05	WU23	Keirin	1st round	14
	MU23	Keirin	1st round	27
WJ	Madison		Final 20km	35
	WU23	Keirin	1st round repechages	14
	MU23	Keirin	1st round repechages	27
WJ	Madison		Awards Ceremony	8

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14.00-17.26	WU23	Keirin	Semi-finals	9
	MU23	Keirin	Semi-finals	9
MJ	Madison		Final 30km	40
	WU23	Keirin	Finals 7-12 and 1-6	9
	MU23	Keirin	Finals 7-12 and 1-6	9
	MJ	Madison	Awards Ceremony	8
	WU23	Keirin	Awards Ceremony	8
	MU23	Keirin	Awards Ceremony	8
	WU23	Madison	Final 25km	40
	MU23	Madison	Final 40km	50
	WU23	Madison	Awards Ceremony	8
	MU23	Madison	Awards Ceremony	8

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** *warm up time between the 2 sessions will be confirmed after the team managers' meeting*

** *période d'échauffement entre les 2 sessions sera confirmé lors de la réunion technique*

NOTE: The competition program may be modified and will be daily announced on the notice - boards.

aqui entre nós já fazia falta uma pausa

Pare um pouco e aproveite para saborear as paisagens do Centro de Portugal.



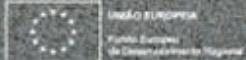
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Fórum O CICLISMO vai à escola



CAR Anadia, Sangalhos

8 de julho
2022

15h30-18h00



Inscrições em: <https://forms.gle/p4NhvhW7D6vdSgBC8>

Contactos: cyclismoparatodos@fpciclismo.pt, 969 755 278

Organização



Parceiros Institucionais



Patrocinador



ANADIA CYCLING CENTRE

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1 VELÓDROMO



1 PISTA OLÍMPICA DE BMX



1 PISTA DE CROSS COUNTRY OLÍMPICO (BTT/XCO)



5 PERCURSOS DE ESTRADA

